

A Message From the Director of Athletics

The Mystic Valley Athletic Program provides our students with a variety of opportunities to participate in competitive interscholastic sports. These opportunities are designed to promote physical development, teamwork and school spirit, while building on an already impressive record of athletic achievement.

Coaches and staff will strive to be good examples of sportsmanship and fair play for both team members and spectators. In this way, they will work to support the school's mission of promoting virtuous behavior and excellence. This excellence will manifest itself in both victory and defeat, and thereby show our students how to approach graciously the inevitable ups and downs that are a part of every life.

Taken together, the opportunities for competitive athletic achievement coupled with good coaching will provide our students with invaluable training for their future success and contribute to the firm foundation of Mystic Valley Athletics and its already proud traditions.

On behalf of all of our coaches and staff, I pledge to work together with our parents and students to consistently improve our athletic offerings and promote the benefits of vigorous competition and good sportsmanship.

Sincerely,

Peter V. Connolly

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Director of Athletics

Mystic Valley Regional Charter School