



# Mystic Valley Regional Charter School

770 Salem Street • Malden, MA 02148 • Telephone 781-388-0222 • Facsimile 781-388-0777

August 17, 2011

To the Parents of 6<sup>th</sup> Graders:

It is a Massachusetts State Law that ALL children entering the 7<sup>th</sup> grade have an **updated physical exam performed by their doctor as well as a Td Booster shot**. The reason we need this information is to make sure that ALL children are up to date with their immunizations.

In an effort to reduce the amount of missing and expired health information, we are sending this reminder home well in advance. Any student who does not have an updated physical exam and Td Booster shot, submitted **BEFORE** the first day of the school-year, will be referred to Administration and may not be allowed to attend school or participate in any extracurricular activities until this information is submitted.

Physical exams are valid for 13 months from the date of service. Therefore, physical exams dated before August 31, 2010 will not be accepted. If your child is not due for a physical exam before the start of the school-year, please submit his/her **LAST, MOST RECENT PHYSICAL EXAM** to hold him/her over. If your child needs a Td Booster, but not a physical exam, please inform your child's doctor. In most cases, doctor's offices will not require you to wait for an appointment.

In order to decrease traffic in the Nurse's Office, we are asking that the information be faxed or mailed to the information on this letterhead, or dropped off with the receptionist. Physical exams can be submitted upon receipt of this letter and at anytime throughout the year; **INCLUDING SUMMER BREAK**.

**If you have already submitted this information, please disregard this notice. If you would like to verify whether or not this information is in your child's file, please contact the nursing department and someone will be happy to help you.**

Last Physical on File: \_\_\_\_\_

Physical Expires/Expired: \_\_\_\_\_

Kirsten O'Brien, RN  
Main Building  
K, 1, 4, 5, and 6  
Ext. 7010

Sandra Tilton, LPN  
Annex Building  
2, 3, 7, and 8  
Ext. 3856