



# Mystic Valley Regional Charter School

770 Salem Street • Malden, MA 02148 • Telephone 781-388-0222 • Facsimile 781-388-0777

Dear Parent(s)/Guardian(s) of 6<sup>th</sup> grade students going into 7<sup>th</sup> grade in 2008-2009

It is a Massachusetts State Law that ALL children entering the 7<sup>th</sup> grade have an updated physical exam performed by their doctor as well as a Td Booster shot. The reason we need this information is to make sure that ALL children are up to date with their immunizations.

In an effort to reduce the amount of missing and expired health information, we are sending this reminder home well in advance. **Any student who does not have an up-to-date physical exam and Td Booster shot, submitted BEFORE the first day of the 2008-2009 school year, will be referred to Administration and may not be allowed to attend school or participate in any extracurricular activities until this information is submitted.**

Physical exams are valid for 13 months from the date of service. Physical exams dated before August 1, 2007 will not be accepted. **If your child is not due for a physical exam before the start of the 2008-2009 school year, please submit his/her LAST, MOST RECENT PHYSICAL EXAM to hold him/her over. If your child needs a Td Booster, but not a Physical Exam, please inform your child's doctor. In most cases, doctor's offices will not require you to wait for an appointment.**

In order to decrease traffic in the Nurse's Office, we are asking that the information be faxed or mailed to the information on this letterhead, or dropped off with the receptionist. Physical exams can be submitted upon receipt of this letter and at anytime throughout the year; **INCLUDING SUMMER BREAK**. It is possible to mail, fax or drop paperwork off at the fish bowl during the summer break.

For your convenience, I have enclosed a physical exam form for your doctor to fill out. However, your doctor may use his/her own form. If you have any questions or concerns, or need to speak to a nurse in person, please do not hesitate to call to make arrangements. Thank you in advance for your cooperation.

Last Physical on File: \_\_\_\_\_

Stacey Dusablon, RN  
Main Building  
Ext. 3855

Sandra Tilton, LPN  
Annex Building  
Ext. 3856