



# Mystic Valley Regional Charter School

770 Salem Street • Malden, MA 02148 • Telephone 781-388-0222 • Facsimile 781-388-0777

March 17, 2011

## Friendly Reminder

To the Parents of 3<sup>rd</sup> students who will enter the 4<sup>th</sup> grade in the school year 2011-2012

**It is a Massachusetts State Law that ALL children entering the 4th grade have an updated physical exam performed by their doctor. The reason we need this information is to make sure that ALL children are up to date with their immunizations.**

In an effort to reduce the amount of missing and expired health information, we are sending this reminder home well in advance. **Any student who does not have a current physical exam submitted BEFORE the first day of the 2010-2011 school year, will be referred to Administration and may not be allowed to attend school or participate in any extracurricular activities until this information is submitted.**

**Physical exams are valid for 13 months from the date of service. Therefore, physical exams must be dated no sooner than August 31, 2010 in order to be accepted for the 2011-2012 school-year. If your child is not due for a physical exam before the start of the school-year, please submit their LAST PHYSICAL EXAM.**

We are asking that the information be faxed or mailed to the information on this letterhead, or dropped off directly to the nursing department. Physical exams can be submitted upon receipt of this letter and at anytime throughout the year; **INCLUDING SUMMER BREAK. If a physical is submitted during summer break please drop it off in the nurse's mailbox in the fishbowl.**

**Please know that we send out several notices throughout the school year as friendly reminders so that parents will have ample time to plan and schedule a physical for their child based on their child's birthday.**

If you have any questions or concerns, or need to speak to a nurse in person, please do not hesitate to call to make arrangements. Thank you in advance for your cooperation.

Last Physical on file: \_\_\_\_\_

Expired/Expires: \_\_\_\_\_

Thank you,  
Sandra Tilton, LPN x3024  
Grades: 2, 3, 7, and 8

Kirsten O'Brien, RN x7010  
Grades: K, 1, 4, 5, and 6



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