



Mystic Valley Regional Charter School

770 Salem Street • Malden, MA 02148 • Telephone 781-388-0222 • Facsimile 781-388-0777

Dear Parent(s)/Guardian(s) of 4th graders:

It is a Massachusetts State Law that ALL children entering the Fourth grade have an updated physical exam performed by their doctor. The reason we need this information is to make sure that ALL children are up to date with their immunizations.

In an effort to reduce the amount of missing and expired physical exams, we are sending this reminder home well in advance. **Any student who does not have an up-to-date physical exam submitted BEFORE the first day of the 2008/2009 school year, will not be allowed to attend school or participate in any extracurricular activities until the physical exam is submitted.**

Physical exams are valid for 13 months from the date of service. Physical exams **dated BEFORE August 1, 2007**. If your child is not due for a physical exam before the start of the 2008-2009 school-year, please submit their LAST PHYSICAL EXAM.

In order to decrease traffic in the Nurse's Office, we are asking that physical exams be faxed or mailed to the information on this letterhead or dropped off at the fish bowl. Physical exams can be submitted upon receipt of this letter and at anytime throughout the year; **INCLUDING SUMMER BREAK**. It is possible to mail, fax or drop paperwork off at the fish bowl during the summer break. You will find the school's address and fax number on this letterhead.

Sandra Tilton, LPN
School Nurse x3856

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